

Garden as a place for creativity

Nature has an infinite source of materials for creativity. It stimulates our minds.



↑ We don't need to buy new containers for planting, just look around...



↑ Land art is sometimes created spontaneously and does not last long. Others are more durable and will decorate our garden for a longer time.



↑ Creative approach is also used when processing the harvest from the garden.



→ Using natural soil or plant painting, or just water for arts is therapeutic in itself. The outgrowths of the garden can also be used artistically. Have you ever bought a smiling pumpkin?



↑ Connecting garden therapy with art therapy - happening in the garden of the psychiatric clinic of the Brno University Hospital [CZ]

